

Week 1	Monday 11/5	Tuesday 11/6	Wednesday 11/7	Thursday 11/8	Friday 11/9
Breakfast	Cereal Bars Fruit Milk	Mini Muffins Fruit Milk	Toast Fruit Milk	Cheerios Fruit Milk	Life Cereal Fruit Milk
Lunch	Chicken Nuggets Corn Applesauce Roll Milk	Breakfast for Lunch! Pancakes & Sausage Pears Hash Browns Milk	Spaghetti with Meatballs Pineapple Broccoli Milk	Chicken Patty on a Bun Mixed Vegetables Oranges Milk	Turkey Ham and Cheese Sub Carrots Bananas Milk
Vegetarian Option	Veggie Nuggets	Veggie Sausage	Quinoa and Chickpea Crumbles	Chipotle Black Bean Patty	Hummus & Cucumber Sub
Snack	Gold Fish Milk	Graham Crackers Milk	Cheese Sticks Pretzels	Club Crackers Milk	Chex Mix Milk

Week 2	Monday 11/12	Tuesday 11/13	Wednesday 11/14	Thursday 11/15	Friday 11/16
Breakfast	Cheerios Fruit Milk	Cereal Bars Fruit Milk	Life Cereal Fruit Milk	Waffles Fruit Milk	French Toast Sticks Fruit Milk
Lunch	Alfredo Pasta Chicken Apple Sauce Peas Milk	Cheese Pizza w/ Pepperoni Green Beans Mixed Fruit Milk	Grilled Chicken Bites Hummus & Carrots Pita Bread Apples Milk	Cheesy Potatoes w/Turkey Ham Green Beans Diced Pears Milk	Turkey Hummus Wraps Cucumbers Peaches Milk
Vegetarian Option	Edamame	No Pepperoni	Black Bean Bites	Veggie Joes	Hummus and Tomato wrap
Snack	Ritzs Crackers Milk	Pretzels Milk	Cheeze- Its Milk	Animal Crackers Milk	Graham Crackers Milk

- Fresh fruit and vegetables may include melon, strawberries, blueberries, bananas, apples, carrots, cucumbers, tomatoes, Broccoli, edamame.
- Toddler substitutions will be provided

Week 3	Monday 11/19	Tuesday 11/20	Wednesday 11/21	Thursday 11/22	Friday 11/23
Breakfast	English Muffins Fruit Milk	Life cereal Fruit Milk	Pancakes Fruit Milk	Cheerios Fruit Milk	Mini Bagels Fruit Milk
Lunch	Meatball Sub w/ Cheese Green Beans Applesauce Milk	Mac and Cheese Diced Turkey Ham Mixed Veggies Bananas Milk	Pasta w/Meat Sauce Peas Mixed Fruit Milk	Seasoned Grilled Chicken Broccoli and Potatoes Pineapple Milk	Turkey Wraps Cheddar cheese Mixed Fruit Salad Milk
Vegetarian Option	Tomato & Basil Veggie Pattie	Edamame	Quinoa and Chick Crumbles	Black Bean Bites	Hummus and Tomatoes Roll Ups
Snack	Goldfish Milk	Graham Crackers Raisins	Cheese Sticks Pretzels	Club Crackers Milk	Chex Mix Milk

Week 4	Monday 11/26	Tuesday 11/27	Wednesday 11/28	Thursday 11/29	Friday 11/30
Breakfast	French Toast Sticks Fruit Milk	Waffles Fruit Milk	Cheerios Fruit Milk	Toast Fruit Milk	Cereal Bars Fruit Milk
Lunch	Sloppy Joes Tomato sauce w/Beef Corn Pears Milk	Cheesy Pizza Sticks w/ pepperoni Mixed Veggies Pineapple Milk	Chicken Nuggets Baked French Fries Corn Mixed Fruit Milk	Teriyaki Chicken & Veggie Stir fry Roll Peaches Milk	Turkey and Cream Cheese Pinwheels Cucumbers Mandarin oranges Milk
Vegetarian Option	Veggie Burger	No Pepperoni	Black Beans	Normandy Style Veggies & Edamame	Cucumber and Cream Cheese Pinwheels
Snack	Ritz crackers Milk	Pretzels Milk	Frozen Yogurt Animal Crackers	Club Crackers Milk	Graham Crackers Milk

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- Toddler substitutions will be provided

Week 5	Monday 12/3	Tuesday 12/4	Wednesday 12/5	Thursday 12/6	Friday 12/7
9/17 Breakfast	Life Cereal Fruit Milk	Mini Muffins Fruit Milk	Mini bagels Fruit Milk	Cheerios Fruit Milk	Toast Fruit Milk
Lunch	Breakfast for Lunch! Pancakes & Sausage Pears Hash Browns Milk	Pasta Bake w/ Meat sauce Peas Applesauce Milk	Beef Taquitos w/Cheese Black Beans Bananas Milk	Seasoned Chicken French Bread Peas and Carrots Peaches Milk	Turkey and Cheese Sliders Carrots Watermelon Milk
Vegetarian Option	Veggie Sausage	Quinoa and Chickpea Crumble	Cheese Taquitos	Southwest Veggie Burger	Tomato and Cheese Slider
Snack	Goldfish Milk	Animal Crackers Milk	Cheeze its Milk	Graham Crackers Milk	Ritz Crackers Milk

Week 6	Monday 12/10	Tuesday 12/11	Wednesday 12/12	Thursday 12/13	Friday 12/14
Breakfast	Cereal Bars Fruit Milk	Life Cereal Fruit Milk	Pancakes Fruit Milk	Cheerios Fruit Milk	Waffles Fruit Milk
Lunch	Teriyaki Meat balls Roll Pineapple Broccoli Milk	Cheesy Potatoes Diced Turkey Ham Cucumbers Mandarin Oranges Milk	Barbeque Chicken Pinto Beans Peaches Roll Milk	Mac & Cheese Turkey Ham Corn Mixed Fruit Milk	Pizza Roll Up Cheese & Pepperoni Pears Celery Milk
Vegetarian Option	Teriyaki Veggie Tots	No Turkey Ham	No Turkey Ham	Barbeque Black Bean Patties	Tomato, Cucumber and Hummus Wraps
Snack	Chex Mix Milk	Cheese Sticks Pretzels	Club Crackers Milk	Graham Crackers Raisins	Cheeze its Milk

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- Toddler substitutions will be provided